

## Sendha Namak (Rock Salt) 1 KG



**Weight : 1 KG**

**Price : 102 / 78**

Rock salt is a superior salt, according to Ayurveda.

It improves digestion and is a natural way to relieve stomach pain.

It is also great for purifying the air around you.

CharakAshtanga Rock Salt (Sendha Namak) is full of minerals and trace elements including Sodium, Calcium, Magnesium, Potassium, Iron & Phosphorous. This powder is made from the reddish pink granules of Pink Rock Salt that are all natural, sourced from Himalayan cliffs, where they have crystallized over millions of years in a pristine and unpolluted environment. CharakAshtanga brings to you a healthy choice of salt straight from nature which is 100% authentic and of high quality. It is naturally abundant in essential minerals which provide immense health benefits. One of the purest salts that provides vital minerals essential for your body.

### Features & Details:

- ✓ FSSAI Certified & 100% Natural
- ✓ Pristine

- ✓ Unrefined
- ✓ Healthy
- ✓ It provides necessary nourishment for you and your family.
- ✓ Rich in natural trace minerals like potassium, calcium and magnesium.

**Product Information:**

Speciality	100% Pure & Natural
Volume	1 KG
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

**Benefits of Sendha Namak:**

1. Improves digestion.
2. Boosts metabolism.
3. Stabilizes blood pressure.
4. Boosts immunity.
5. Treats Sinus.

6. Promotes weight loss.

7. Promotes sleep.

8. Reduces stress.

9. Promotes healthy skin.

10. Promotes healthy hair.

## Sendha Namak (Rock Salt) 500 G



**Weight : 500 G**

**Price : 58 / 42**

Rock salt is a superior salt, according to Ayurveda.

It improves digestion and is a natural way to relieve stomach pain.

It is also great for purifying the air around you.

CharakAshtanga Rock Salt (Sendha Namak) is full of minerals and trace elements including Sodium, Calcium, Magnesium, Potassium, Iron & Phosphorous. This powder is made from the reddish pink granules of Pink Rock Salt that are all natural, sourced from Himalayan cliffs, where they have crystallized over millions of years in a pristine and unpolluted environment. CharakAshtanga brings to you a healthy choice of salt straight from nature which is 100% authentic and of high quality. It is naturally abundant in essential minerals which provide immense health benefits. One of the purest salts that provides vital minerals essential for your body.

### **Features & Details:**

- ✓ FSSAI Certified & 100% Natural

- ✓ Pristine
- ✓ Unrefined
- ✓ Healthy
- ✓ It provides necessary nourishment for you and your family.
- ✓ Rich in natural trace minerals like potassium, calcium and magnesium.

**Product Information:**

Speciality	100% Pure & Natural
Volume	500 G
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

**Benefits of Sendha Namak:**

1. Improves digestion.
2. Boosts metabolism.
3. Stabilizes blood pressure.
4. Boosts immunity.

5. Treats Sinus.

6. Promotes weight loss.

7. Promotes sleep.

8. Reduces stress.

9. Promotes healthy skin.

10. Promotes healthy hair.

## Turmeric Powder 250 G



**Weight : 250 G**

**Price : 80 / 59**

Turmeric may be the most effective nutritional supplement in existence.

Turmeric has served as a magical herb since ancient times. Its various properties can help you a lot in your daily life. Along with medicinal properties, it can make you look better. It also adds a flavor to your food, making it more tempting.

Turmeric is a powerful herb known to possess exceptional healing properties and is used for flavouring food and for cosmetic and medicinal purposes, owing to its warm fragrance and great taste! Turmeric plays an integral role in protecting the body's cells, boosting immunity and doctors highly recommend incorporating it in healthy diets and nutrition plans, as it has zero cholesterol and almost no calories. Its natural flavor makes a perfect addition to your favourite curries, vegetables or milk.

CharakAshtanga brings good quality turmeric, handpicked and bringing it to you in the most hygienic way.

### **Features & Details:**

- ✓ Gluten free, dairy free, soy free whole turmeric supplement.

- ✓ Plant based turmeric supplement increases the capacity of the body.
- ✓ 100% Organic natural turmeric root powder with curcumin for higher absorption with high therapeutic value, improves digestion.
- ✓ 100% Pure and Natural.
- ✓ No preservatives added.
- ✓ CharakAshtanga turmeric has amazing health benefits and comes with unique taste and aroma.
- ✓ No artificial colours.

**Product Information:**

Speciality	100% Pure & Natural
Volume	250 G
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

**Benefits of Turmeric Powder:**

- Turmeric Contains Bioactive Compounds With Powerful medicinal Properties
- Curcumin Is a Natural Anti-Inflammatory Compound
- Turmeric Dramatically Increases the Antioxidant Capacity of the Body
- Curcumin Boosts Brain-Derived Neurotrophic Factor, Linked to Improved Brain Function and a Lower Risk of Brain Diseases
- Curcumin Should Lower Your Risk of Heart Disease
- Turmeric Can Help Prevent (And Perhaps Even Treat) Cancer
- Curcumin May Be Useful in Preventing and Treating Alzheimer's Disease
- Arthritis Patients Respond Very Well to Curcumin Supplements
- Studies Show That Curcumin Has Incredible Benefits Against Depression
- Curcumin May Help Delay Aging and Fight Age-Related Chronic Diseases



**If you are interested in buying any item, then kindly go through the below details:**

Please contact our customer care for the purchase: **8698670111**.

Our customer care agent will guide you properly.

Or go through the below procedure-

After completing the payment, send us the screenshot of your transaction with Your Name, Contact No, Email and Address.

You can send us the screenshot on Whatsapp No - **9921857747**

Or you can mail us at - **info@charakashtanga.in**

Once we receive the payment, we will give you the order confirmation. After confirmation, your order will be dispatched along with the invoice and sent to your address.

We will send you the Courier Tracking ID on your Whatsapp No. or Email ID.

Following Payment options : -

**1) Net Banking**

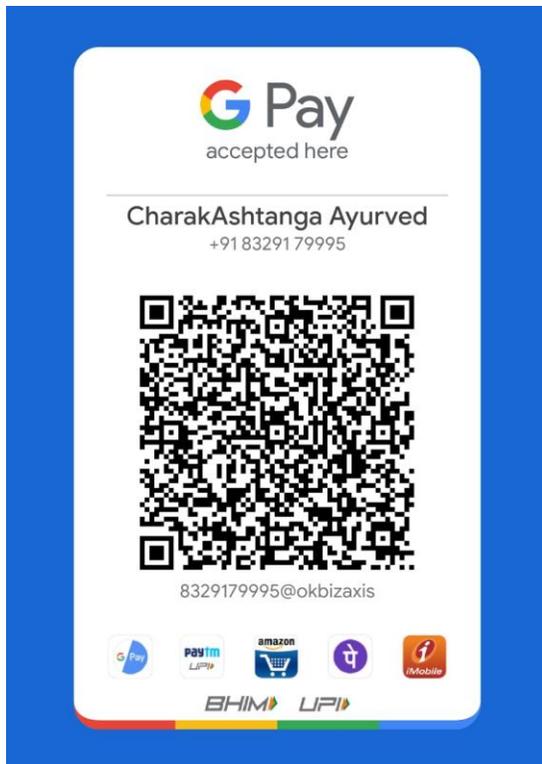
**2) Cash On Delivery**

**3) Paytm**

**4) GPay**

**5) PhonePay**

**6) BHIP App**



### **CharakAshtanga Bank Account Details**

**Account Name :** CharakAshtanga Ayurved

**Bank Name :** Bank Of India

**Branch :** Karve Road, Pune

**Account No :** 050320110001170

**IFSC NO :** BKID0000503

**MICR CODE :** 411013011

**Account Type :** Current