

Cold Pressed Almond Oil (Badam Oil) 200 ml



Weight : 200 ml

Price : 750 / 572

Almonds are a satisfying food with many potential health benefits.

The oil that comes from these delicious tree nuts is commonly used as a natural ingredient in skin and hair care, but few people realize that it may also be good for your health.

Ideal light-weight massage oil that reduces wrinkles and fine lines. This carrier oil is rich in antioxidants, proteins and Omega 3. Add this great moisturizer to your skin and hair routine and see that natural glow! CharakAshtanga Almond Oil is Certified Organic and Cold Pressed. It is extracted using the cold-pressing method to retain all the goodness. Sweet Almond Oil is very light and easily absorbed. Pure cold-pressed Almond Oil is clear with a tinge of yellow to it. Enriched in vitamin A, B1, B2, B6 and E apart from several essential fatty acids, this pure oil nourishes the skin giving it a fine and smooth texture. It easily gets absorbed into the skin and helps to leave the skin silky and soft with a non-greasy feel.

Features & Details:

1. Hair Type: All; Great for the skin and hair: Rich in vitamins and fatty-acids, Sweet Almond Oil helps in promoting better hair growth and helps nourish and hydrate the skin, 100 percent natural.
2. Suitable for all hair and skin types: Made using chemical-free substances, the UrbanBotanics Sweet Almond Oil is perfect for all skin and hair types.
3. One of the best oils for babies, use just a few drops and massage.
4. Cold-pressing helps retain all the goodness of Almonds (Prunus Amygdalus Dulcis) as the extraction process doesn't involve destructive heat or harmful chemicals..
5. Natural cold pressed virgin almond oil - Great for ayurvedic massage.

Product Information:

Speciality	100% Pure & Natural
Volume	200 ml
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits of Almond Oil:

1. May Help Keep Your Heart Healthy.

2. High in Antioxidants.
3. May Be Beneficial for Blood Sugar Control.
4. May Aid Weight Loss When Paired With a Reduced-Calorie Diet.
5. Almond oil is excellent for treating dandruff and hair damage.
6. It also checks scalp infections and inflammation.
7. Good for moisturizing if applied on skin.
8. It can be used to treat acute skin infections like psoriasis and eczema.
9. Sweet almond oil can also be used in cooking.
10. Anti-aging and UV protection.

Cold Pressed Coconut Oil 1 L



Weight : 1 L

Price : 630 / 481

Coconut oil is widely marketed as a super food.

The unique combination of fatty acids in coconut oil may have positive effects on your health such as boosting fat loss, heart health and brain function.

Virgin coconut oil (vco) is extracted from fresh coconut milk and is 100% natural. It is unrefined, unbleached and cold pressed. Unlike other coconut oil that is extracted through heat, vco does not possess that latik odor, but fresh aroma of coconut oil. For cooking and dietary vco is one of the healthiest cooking oil with numerous health benefit. It can also be consumed directly as a dietary supplement or mixed with food in its raw form. Vco is rich in medium chain fatty acids and anti oxidants which helps improve metabolism and immunity.

Highest Quality, Best Tasting, Ultra Healthy and Pure Organic Coconut Oil. A natural super food beneficial for the heart, it also helps in healthy functioning of the thyroid and endocrine systems, and increases the body's metabolic rate, helping to melt away the extra pounds. Excellent for cooking as well as for hair and skin care.

Features & details:

- ✓ Extra virgin coconut oil is the highest quality and pure organic coconut oil..
- ✓ Pure Organic.
- ✓ Raw, Pure, Cold Processed, Virgin, Vegan, Unrefined, Certified Organic.
- ✓ Cold Processed.
- ✓ Promotes healthy hairs by strengthening the hair follicles and also helps to prevent dandruff and hair fall.
- ✓ Coconut oil is excellent massage oil that acts as an effective moisturizer on all types of skin, including dry skin.
- ✓ Contains Vitamin E which is an essential nutrient for healthy skin and hair.

Product Information:

Speciality	100% Pure & Natural
Volume	1 L
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits of Coconut Oil:

1. Contains healthy fatty acids.
2. May boost heart health.
3. May encourage fat burning.
4. May have antimicrobial effects.
5. May reduce hunger.
6. May reduce seizures.
7. May raise HDL (good) cholesterol.
8. May protect your skin, hair, and teeth.
9. May boost brain function in Alzheimer's disease.
10. May help reduce harmful abdominal fat.

Cold Pressed Coconut Oil 500 ml



Weight : 500 ml

Price : 340 / 260

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Certification	FSSAI

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Virgin Coconut Oil 500 ml



Weight : 500 ml

Price : 748 / 572

Cold pressed virgin coconut oil (vcno) superfood is 100 percent pure and natural. It is specifically prepared from fresh raw coconuts through a meticulous no heat process; a cold extraction technology which helps preserve the vital nutrients, rich aroma and flavour of real coconuts, making it fit for raw consumption. Vcno superfood is one of the richest plant based sources of naturally occurring medium chain triglycerides (mcts). These mcts contribute to 60 percent of the total fatty acid content and unlike long chain saturated fats, get rapidly digested for instant energy release. Its high content of naturally occurring lauric acid (c12) and vitamin e allows for an incredible array of health promoting properties. It can also help in weight management. The mcts in vcno break down into ketones that can support cognition/ memory function. Due to its better oxidative stability, vcno is a great cooking medium even at high temperatures.

Features & Details:

1. Fortified
2. 100 Percent natural, cold pressed, unrefined, virgin coconut oil

3. Prepared through special no heat process which preserves the vital nutrients, mcts, rich aroma and taste
4. Is a superfood, with 60 percent mct energy, a healthy cooking option for your loved ones
5. 100 percent pure, vegan, preservative free, gluten free and non gmo
6. Country of Origin: India

Product Information:

Speciality	100% Pure & Natural
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Ingredient Type	Vegetarian
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Region Produced In	India
Certification	FSSAI

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Cold Pressed Groundnut Oil 1 L



Weight : 1 L

Price : 340 / 260

Add a unique flavour with a healthy twist to your meals with CharakAshtanga's Wood Pressed Groundnut/Peanut Edible Oil. It is packed with the wholesome goodness of vitamin E and Omega 9. Our Groundnut oil is naturally extracted using a wooden press from organically grown peanuts making it free from preservatives and artificial additives. Take a step towards healthy living with CharakAshtanga.

Features & details:

- ✓ Wood pressing method ensures that all the nutrients and the rich flavor of peanuts is retained.
- ✓ Edible pure cold pressed groundnut cooking oil. It gives a boost to good cholesterol for a happy heart.
- ✓ Stands out for its natural deep yellow color and natural aroma. Its richness in vitamin E ensures you have happy skin.
- ✓ A great substitute for refined oils as it is free of any chemicals or preservatives.

Product information

Speciality	100% Pure & Natural
Volume	1 L
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits:

1. Helps in hair growth.
2. Good for skin.
3. Low cholesterol.
4. Good heart health.
5. It contain antioxidants.
6. It lowers the risk of heart diseases.
7. Lowers the risk of cancer.
8. It is a source of unsaturated fats.
9. It is reusable.
10. It is helpful for body building.

Cold Pressed Groundnut Oil 5 L



Weight : 5 L

Price : 1660 / 1265

Add a unique flavour with a healthy twist to your meals with CharakAshtanga's Wood Pressed Groundnut/Peanut Edible Oil. It is packed with the wholesome goodness of vitamin E and Omega 9. Our Groundnut oil is naturally extracted using a wooden press from organically grown peanuts making it free from preservatives and artificial additives. Take a step towards healthy living with CharakAshtanga.

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- ✓ Edible pure cold pressed groundnut cooking oil. It gives a boost to good cholesterol for a happy heart.
- ✓ Stands out for its natural deep yellow color and natural aroma. Its richness in vitamin E ensures you have happy skin.
- ✓ A great substitute for refined oils as it is free of any chemicals or preservatives.

Product information

Speciality	100% Pure & Natural
Volume	5 L
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits:

1. Helps in hair growth.
2. Good for skin.
3. Low cholesterol.
4. Good heart health.
5. It contain antioxidants.
6. It lowers the risk of heart diseases.
7. Lowers the risk of cancer.
8. It is a source of unsaturated fats.
9. It is reusable.
10. It is helpful for body building.

Cold Pressed Mustard Oil / Mohari Oil 1 L



Weight : 1 L

Price : 375 / 286

CharakAshtanga Produce All Natural Products Without Adding Any Chemicals, Artificial Flavours, Sugar Or Any Other Additive. 100% Purity Guaranteed. The Mustard Oil Is Also Called Kadwa Oil In Hindi Which Means Bitter In English Hence The First Time Users Might Find It Little Bitter, However The Green Vegetables Cooked In It Taste Extremely Delicious And Are Healthy

Features & details:

- ✓ CharakAshtanga produce all natural products without adding any chemicals, artificial flavours, sugar or any other additive. 100% purity guaranteed.
- ✓ 100% Pure , Natural, No Pasteurization , tasty and healthy cooking Oil.
- ✓ Increases Immunity to Diseases. It is Anti-fungal when used externally.
- ✓ Fights Bacterial infections in Colon, Intestines and Digestive Tract.
- ✓ Mustard oil is better than any other cooking oil as this lowers bad cholesterol and keeps coronary diseases away.

Product Information:

Speciality	100% Pure & Natural
Volume	1 L
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits

1. Good Source of MUFA
2. Promotes Heart Health
3. Treats Cracked Heels and Brittle Nails
4. Protects Against Infection
5. Helps Blood Circulation
6. Good for Skin
7. Relief from Cough and Cold
8. Promotes Hair Growth

Cold Pressed Mustard Oil / Mohari Oil 200 ml



Weight : 200 ml

Price : 85 / 65

CharakAshtanga Produce All Natural Products Without Adding Any Chemicals, Artificial Flavours, Sugar Or Any Other Additive. 100% Purity Guaranteed. The Mustard Oil Is Also Called Kadwa Oil In Hindi Which Means Bitter In English Hence The First Time Users Might Find It Little Bitter, However The Green Vegetables Cooked In It Taste Extremely Delicious And Are Healthy

Features & details:

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- ✓ 100% Pure , Natural, No Pasteurization , tasty and healthy cooking Oil.
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- ✓ Fights Bacterial infections in Colon, Intestines and Digestive Tract.
- ✓ Mustard oil is better than any other cooking oil as this lowers bad cholesterol and keeps coronary diseases away.

Product Information:

Speciality	100% Pure & Natural
Volume	200 ml
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits

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2. Promotes Heart Health
3. Treats Cracked Heels and Brittle Nails
4. Protects Against Infection
5. Helps Blood Circulation
6. Good for Skin
7. Relief from Cough and Cold
8. Promotes Hair Growth

Cold Pressed Safflower Oil / Kardai Oil :



Weight : 1 L

Price : 375 / 286

Kardi oil is an organic pure wooden ghana oil which is natural, lakdi ghana oil.

Features & details:

- ✓It is useful in hair care and skin care, Controls cholesterol lakdi ghana oil.
- ✓Safflower oil is a rich source of unsaturated fatty acids.It has a neutral flavor that pairs well with many dishes and cuisines.
- ✓Ghana Kardi Oil is pure wooden ghana kardi oil Safflower Oil.
- ✓Safflower oil also contains a high amount of Vitamin E which reduces respiratory problems, helps blood circulation, and strengthens the immune system.
- ✓It protects heart health,prevents diabetes,helps in weight loss.

Product Information:

Speciality	100% Pure & Natural
Volume	1 L

Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits:

1. A healthful source of fatty acids.
2. Improves blood sugar levels.
3. Lowers cholesterol, boosts heart health.
4. Fights inflammation.
5. Soothes dry skin.
6. Safe for cooking at high temperatures.
7. Diabetes.
8. Obesity – Weight Loss.
9. Wound healing.

Cold Pressed Sesame Oil / Teel Oil 500 ml



Weight : 500 ml
Price : 375 / 286

CharakAshtanga Cold pressed Sesame Oil is extracted from premium quality sesame seeds. It has undergone Fatty Acid Profiling to ensure 100% purity and no adulteration. The oil is a source of Monounsaturated Fatty Acids (MUFA). Decreasing saturated fatty acids and increasing Monounsaturated fatty acids in diet helps maintaining a healthy heart and normal cholesterol levels. Whatever your cooking style and your taste preference, we have a tasty and nutritious oil variant to meet your cooking needs and to support your lifestyle.

Features & Details:

- ✓ 100% pure, unadulterated oil, ensured by the Fatty Acid Profiling process.
- ✓ Anti-spillage bottle design.
- ✓ Easy to store and convenient to use when cooking.
- ✓ Suitable for use in deep frying.
- ✓ Good source of monounsaturated fatty acids (MUFA).
- ✓ Extracted through no heat process to preserve natural goodness.

Product Information:

Speciality	100% Pure & Natural
Volume	500 ml
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Benefits:

1. High in antioxidants.
3. Good for your heart.
4. May help control blood sugar.
5. May help treat arthritis.
6. May help heal wounds and burns.
7. May protect against UV rays.
8. May improve sleep quality.
9. May improve hair growth.
10. Great for the skin.

Deepam Oil 1 L



Weight : 1 L

Price 240 / 182

According to the Upanishads and Puranas, Deepak gives the message of hard work and courage in difficult times. The light of the lamp has been considered a symbol of knowledge. In the Puranas, Deepak is also said to be a symbol of positivity and to remove poverty.

The reason for lighting a lamp is that by eradicating the darkness of ignorance, we make effort for the light of knowledge in our lives. Just like the material of the lamps, the oil in use in it has its own significance.

The light is the heart of the lamp. The diya is worthless without light. Therefore what medium to inflame the lamp has been brought to be used occupies great significance. To inflame the lamp, chiefly, oils of chameli (jasmine), Mustard, Sesame, coconut and ghee are used.

CONTAINS

Sesame Oil 35%
Coconut Oil 20%
Mahua Oil 20%

Castor Oil 15%
Neem Oil 10%
Mogra / Rose Fragrance

Product Information:

Speciality	100% Pure & Natural
Volume	1 L
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Family Care VPK Balance Combo Pack 2



MRP : 3069

Discount Price : 2400

Combo Includes:

1. Cold Pressed Mustard Oil 1 L
2. Cold Pressed Groundnut Oil 1 L
3. Cold Pressed Coconut Oil 1 L
4. Cold Pressed Safflower Oil 1 L
5. Jaggery Powder 1 KG
6. Honey 500 G (Glass Bottle)
7. A2 Desi Cow Ghee 500 G (Pet Bottle)

8. Product Information:

Speciality	100% Pure & Natural
Volume	-
Ingredient Type	Vegetarian
Brand	Charakashtanga

Region Produced In	India
Certification	FSSAI

Family Care VPK Balance Combo Pack 3



MRP : 4313

Discount price : 3100

Combo Includes:

1. Cold Pressed Mustard Oil 1 L
2. Cold Pressed Groundnut Oil 1 L
3. Cold Pressed Coconut Oil 1 L
4. Cold Pressed Safflower Oil 1 L
5. A2 Cow Desi Ghee 1 KG (Pet Bottle)
6. Jaggery Powder 1 KG
7. Honey 1 KG (Pet Bottle)

Product Information:

Speciality	100% Pure & Natural
Volume	-
Ingredient Type	Vegetarian

Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

All in One VPK Balance Set

MRP : 3292

Discount Price : 2529



Combo Includes:

1. Cold Pressed Coconut Oil 500 G
2. Cold Pressed Sesame Oil 500 G
3. Cold Pressed Mustard Oil 1 L
4. Cold Pressed Groundnut Oil 1 L
5. Cold Pressed Safflower Oil 1 L
6. Turmeric Powder 250 G
7. Rock Salt 500 G
8. A2 Desi Cow Ghee 500 G (Glass Bottle)
9. Jaggery Powder 1 KG
10. Honey 500 G (Glass Bottle)

Product Information:

Speciality	100% Pure & Natural
Volume	-

Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

All in One Oil Vata Balance Set



MRP : 6028

Discount Price : 4400

Combo Includes:

1. Cold Pressed Almond Oil 200 ml
2. Cold Pressed Mustard Oil 500 ml
3. Cold Pressed Coconut Oil 500 ml
4. Deepam Oil 1 L
5. Cold Pressed Coconut Oil 1 L
6. Cold Pressed Groundnut Oil 5 L
7. Cold Pressed Groundnut Oil 1 L
8. Cold Pressed Safflower Oil 1 L
9. Cold Pressed Mustard Oil 1 L
10. Cold Pressed Virgin Coconut Oil 500 ml
11. Cold Pressed Sesame Oil 500 ml

Product Information:

Speciality	100% Pure & Natural
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Volume	-
Ingredient Type	Vegetarian
Brand	Charakashtanga
Region Produced In	India
Certification	FSSAI

Vata Balance Oil Combo Pack



MRP : 2060

Discount Price : 1450

Combo Includes:

Cold Pressed Mustard Oil 1 L

Cold Pressed Groundnut Oil 1 L

Cold Pressed Coconut Oil 500 ml

Cold Pressed Coconut Oil 1 L

Cold Pressed Safflower Oil 1 L

Product Information:

Speciality	100% Pure & Natural
Volume	-
Ingredient Type	Vegetarian
Brand	Charakashtanga

Region Produced In	India
Certification	FSSAI



चरक अष्टांग
स्वस्थ रहो। खुश रहो।

If you are interested in buying any item, then kindly go through the below details:

Please contact our customer care for the purchase: **8698670111**.

Our customer care agent will guide you properly.

Or go through the below procedure-

After completing the payment, send us the screenshot of your transaction with Your Name, Contact No, Email and Address.

You can send us the screenshot on Whatsapp No - **9921857747**

Or you can mail us at - **info@charakashtanga.in**

Once we receive the payment, we will give you the order confirmation. After confirmation, your order will be dispatched along with the invoice and sent to your address.

We will send you the Courier Tracking ID on your Whatsapp No. or Email ID.

Following Payment options : -

1) Net Banking

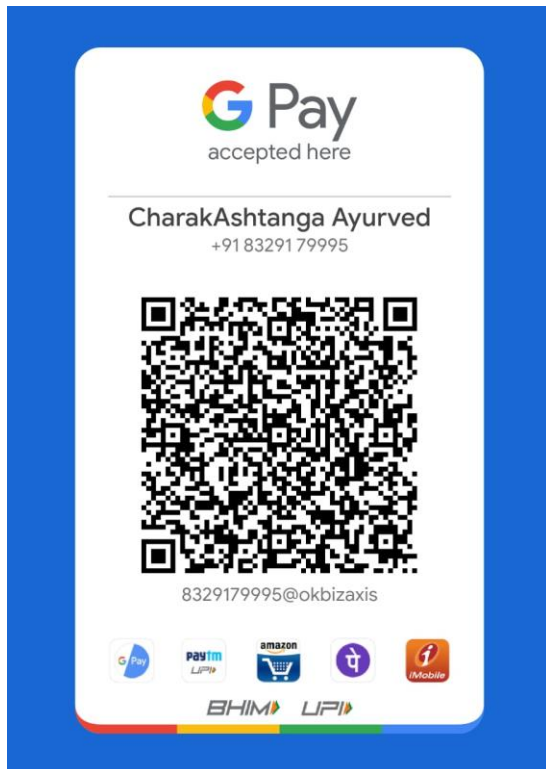
2) Cash On Delivery

3) Paytm

4) GPay

5) PhonePay

6) BHIP App



CharakAshtanga Bank Account Details

Account Name : CharakAshtanga Ayurved

Bank Name : Bank Of India

Branch : Karve Road, Pune

Account No : 050320110001170

IFSC NO : BKID0000503

MICR CODE : 411013011

Account Type : Current